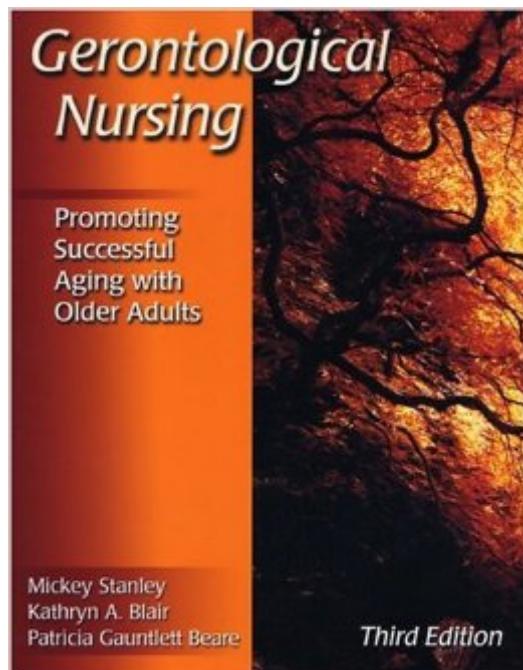


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# Gerontological Nursing: Promoting Successful Aging With Older Adults



## **Synopsis**

Retaining its practical, clinically oriented approach, the 3rd edition covers a wide range of topics and issues necessary to deal with the older patient, in a succinct format that can be used in a variety of courses covering gerontological nursing. The book introduces the concept of "successful aging" – the ability to maintain a low risk of disease and disease-related disability, high mental and physical function, and an active engagement in life. Successful aging, the use of the classifications of primary, secondary, and tertiary prevention, and the concept of health promotion are the organizing frameworks for such pertinent topics as end-of-life and palliative care, dementia care, and new care delivery options.

## **Book Information**

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## **Customer Reviews**

This book is edited by nursing professors from Southern Illinois University, University of Northern Colorado, and Louisiana State University Medical Center respectively. There are four contributors to the third edition in addition to the 44 from previous editions. There are six sections and 35 chapters. Section 1 Introduction to Health Promotion and Protection in the Care of Older Adults contains the following chapters: 1. Promoting Health through Public Policy and Standards of Care, 2. Theories of Aging, 3. Mental Health Wellness, 4. Cultural Dimensions, 5. Legal Issues Affecting Older Adults, 6. Ethical Issues, 7. Health Teaching and Compliance, 8. Pharmacology and Older Adults, and 9. Settings of Care. Section 2 Health Protection from a Body Systems Approach contains chapters about 10. Normal Aging and Physical Assessment and the following aging systems 11. sensory, 12

integumentary, 13. musculoskeletal, 14. neurological, 15. cardiovascular, 16. pulmonary, 17. endocrine, 18. genitourinary, and 19. gastrointestinal and nutrition. Section 3 Multisystem Alterations contains five chapters: 20. Immobility and Activity Intolerance in older Adults, 21. Assessment and Prevention of Falls, 22. Pain Management in older Adults, 23. Cancer in Older Adults, 24. HIV in Older Adults. Section 4 Individual and Family Psychodynamics includes: 25 Developmental Tasks and Development in Later Years of Life, 26. Family Dynamics, 27. Elder Mistreatment, 28. Depression, Alcoholism, and Suicide, 29. Spirituality in Older Adults, 30. Sexuality in Older Adults, and 31. End-of-Life and Palliative Care. Section 5 Alterations in Mental Processing contains: 32. Sleep Disturbances, 33. Acute Confusion, and 34 Demential in Older Adults. Section 6 is the Epilogue, 35. The Future of Gerontological Nursing.

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